

***EGGS**

*Two Eggs, any style.....	6.75
with Bacon, Ham, or Sausage.....	9.25
with Canadian Bacon.....	9.25
*Single Egg, any style.....	4.95
with Bacon, Ham or Sausage.....	6.75
Corned Beef Hash and Eggs.....	9.95
Pastrami and Eggs.....	8.95

Served with Home Fried Potatoes and Toast
Coffee or Small Juice (**NO SUBSTITUTES**)

INSTEAD OF TOAST:

English Muffins or Bagel 1.00 extra
Egg Beater or Egg Whites 1.50 extra

***EGG SANDWICHES**

Egg Sandwich.....	2.75
with Bacon, Ham or Sausage.....	3.75
Egg and Cheese Sandwich.....	3.25
with Bacon, Ham or Sausage.....	3.50
Canadian Bacon and Egg Sandwich.....	4.00
Western Sandwich.....	4.95
Sausage, Ham or Bacon Sandwich.....	4.25

Home Fries on Sandwich .50 extra

Cheddar, Feta, Mozzarella, Provolone, Swiss Cheese .50 extra

BAGELS, BREADS AND MUFFINS

Assorted muffins.....	2.50
Danish.....	2.25
Doughnut.....	1.25
Bagel.....	1.75
Bagel with Cream Cheese.....	2.50
English Muffin (Small) 1.75	(Large) 2.00
Hard Roll.....	1.25
Toast - White, Whole Wheat, Rye.....	1.50
Raisin Toast w/Cinnamon.....	1.75

SIDE ORDERS

Bacon, Ham or Sausage.....	4.50
Canadian Bacon.....	4.75
Corned Beef Hash.....	4.75
Home Fries.....	3.50
Eggs (2).....	2.75
Egg Beater or Egg Whites.....	3.75
Tomatoes Cold or Grilled.....	1.50
Cold Cereal.....	3.25
w/Banana.....	4.25
Hot Instant Oatmeal or Grits.....	3.25
w/Banana.....	4.25
Double Oatmeal.....	5.50
w/Banana.....	6.25

FRESH FRUIT SALAD

Cup.....	4.75	Plate.....	8.75
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***3 EGG OMELETTES**

Served with home Fries, Toast and Coffee or Small Juice

Plain Omelette.....	8.50
American Cheese Omelette.....	8.75
Swiss Cheese Omelette.....	8.75
Mozzarella Cheese Omelette.....	8.75
Feta Cheese Omelette.....	8.75
Feta and Spinach Omelette.....	9.25
Feta and Tomato Omelette.....	9.25
Western Omelette.....	9.25
Western Omelette w/Cheese.....	9.95
Ham and American Cheese Omelette.....	9.25
Bacon or Sausage Omelette.....	9.25
Spanish Omelette.....	9.25
Broccoli Omelette w/Cheddar.....	9.25
Mushroom Omelette w/ Cheese.....	9.25
Spinach Omelette w/Cheese.....	9.25
Vegetarian Omelette.....	8.95
Mushroom, Pepper, Onion and Tomato	

ADDITIONS:

American Cheese .75 extra
Swiss, Cheddar, Mozzarella, Provolone & Feta 1.25 extra
Each Additional Item .75 extra

EGG BEATER OR EGG WHITES 1.50 extra

PANCAKES & FRENCH TOAST

Served with coffee or Small Juice

Three Golden Brown Pancakes.....	6.75
with Bacon, Ham or Sausage.....	9.95
with Canadian Bacon.....	9.95
Short Stack (two pieces).....	5.50
with Bacon, Ham or Sausage.....	7.95
Chocolate Chip or Fruit Pancakes.....	7.95
Blueberry, Banana or Apple	
with Bacon, Ham or Sausage.....	10.95
Short Stack (two pieces).....	6.75
with Bacon, Ham or Sausage.....	8.95
Silver Dollar Pancakes (8).....	6.75
with Bacon, Ham or Sausage.....	9.95
Short Stack of Silver Dollars (6).....	5.50
with Bacon, Ham or Sausage.....	7.95
Three Slices of French Toast.....	6.75
with Bacon, Ham or Sausage.....	9.95
Short Stack (two pieces).....	5.50
with Bacon, Ham or Sausage.....	7.95
Plain Waffle.....	6.95
with Bacon, Ham or Sausage.....	9.95
Waffle with Strawberries.....	7.95
REAL MAPLE SYRUP EXTRA.....	1.50

BOB'S SPECIAL

Two Poached Eggs, Melted American Cheese, Canadian Bacon and Sliced Tomato on English Muffin with Home Fries..... 9.95
w/Coffee or Small Juice

ATKINS BREAKFAST

NO CARBS

3 Cheese Omelette w/ Bacon or Ham inside.....	9.25
2 Poached Eggs w/ Grilled Tomato Canadian Bacon or Sausage.....	9.25
Mushroom, Spinach W/ Cheddar Cheese Omelette.....	9.25
Mexican Omelette w/ Cheddar, Peppers, Salsa & Jalapeno.....	9.25
Egg White Omelette w/ chopped Canadian Bacon & Mushroom	9.95
3 Cheese Omelette w/ Smoked Salmon.....	9.95

SOUTH BEACH DIET

NO CARBS

Ham or Bacon with Broccoli & Cheese Omelette.....	9.25
Mushroom, Cheddar Cheese with Salsa Omelette.....	8.95
Feta Cheese, Spinach with Salsa Omelette.....	8.95
Fresh Fruit Salad Plate with Cottage Cheese or Fruit Yogurt.....	9.95
Western Egg White Omelette.....	9.95
Spinach or Broccoli & Mushroom Omelette.....	9.95
Two Poached Eggs, over Spinach w/ Canadian Bacon.....	9.25
2 Scrambled Eggs w/ Smoked Salmon Mixed.....	9.95

BREAKFAST SPECIAL'S

Breakfast Egg Wrap with Bacon and Swiss Cheese.....	4.75
Pancakes with Blueberries, Bananas or Chocolate Chips.....	7.95
Chili Cheddar Cheese Omelette.....	9.25
Fresh Fruit Salad W/ cottage Cheese or Yogurt.....	9.95
8 Potato Pancake Nuggets w/ Sour Cream.....	7.95
Whole Wheat Pancakes.....	6.95
w/ Blueberries or Bananas.....	8.50
Smoked Salmon on a Bagel w/ Cream Cheese, onions and Tomato	8.95
Turkey, Swiss Cheese, Eggs Whites Omelette	9.95
Scrambled Egg whites with Mushrooms, Mozzarella, Tomato, Broccoli or Spinach.....	9.95
Scrambled Egg Whites or Egg Beaters w/ Turkey Sausage w/ Home Fries and Wheat Toast.....	9.95

SUGAR BOWL SANDWICHES

Cheese Sandwich.....	4.75
Grilled Cheese.....	4.75
with Tomato.....	5.25
with Bacon or Ham.....	5.95
with Bacon or Ham & Tomato.....	6.25
Grilled Swiss.....	4.75
Canadian Bacon, Lettuce & Tomato.....	7.95
B.L.T.	7.50
Lettuce and Tomato.....	4.75
Egg Salad.....	5.95
Chicken Salad.....	5.95
Tuna Salad.....	5.95
Ham Salad.....	5.95
Corned Beef.....	5.95
Salami w/ Provolone Cheese.....	5.95
Roast Beef.....	5.95
Turkey Breast.....	5.95
Baked Ham.....	5.95
Ham and Cheese.....	5.95
Ham and Swiss.....	5.95
Hot Pastrami.....	5.95
Hot Pastrami w/Cheese.....	6.50
Liverwurst.....	5.50
Liverwurst w/Cheese.....	5.95
Meatball.....	5.95
Meatloaf.....	5.95
Steak Sandwich.....	5.95
Pepper and Egg.....	4.95
Chicken Nugget.....	5.75
Chicken Fingers.....	5.75
Peanut Butter & Jelly.....	4.50
Hummel Hot Dogs.....	3.95
with Cheese.....	4.25

EXTRA ON SANDWICHES

Bacon 1.50	Tomato .75	Avocado 1.75
Large English Muffin 1.00 extra		
Bagel 1.00 extra		

WE NO LONGER MAKE HALF SANDWICHES

MELTS

Tuna or Chicken Salad Melt on Rye.....	7.95
Patty Melt, Fried Onions & Bacon.....	7.95
Turkey Melt with Swiss Cheese and Cole Slaw Russian Dressing.....	7.95
Grilled Chicken Melt, Swiss cheese and Russian Dressing.....	7.95

DELUXE: French Fries and Cole Slaw 2.95 extra

GRILLED CHICKEN

Lettuce, Tomato, Bacon and Mayo w/ Fries
9.95

BURGER

*Hamburger.....	4.50
*Turkey Burger.....	5.95
Veggie Burger.....	4.50
*Fish Burger.....	4.95
*Cheeseburger.....	4.95
*Mozzarella Burger.....	4.95
*Double Hamburger.....	7.50
*Double Cheeseburger.....	7.95

Extra on Sandwiches

Chili .75	Grilled onions .50
Bacon 1.50	Tomato .50

SUGAR BOWL SPECIAL SANDWICHES

*Hamburger with Bacon, Lettuce, Tomato and Mayo.....	6.95
*Cheeseburger with Bacon, Lettuce, Tomato and Mayo.....	7.25
Pizza burger with Mushrooms and Mozzarella Cheese.....	7.95
Egg Salad, Bacon Lettuce, Tomato and Mayo.....	7.25
Roast Beef, Melted Swiss and Gravy on Hard Roll.....	6.95
Turkey Breast, Bacon, Lettuce, Swiss, Tomato and Mayo on White Toast.....	7.95
Meatball with Peppers or Provolone on Hard Roll.....	6.95
Steak, Melted Cheese, Hot Cherry Peppers on Hard Roll.....	7.95
Chicken Cutlet Club w/Cheese, Bacon, lettuce and Tomato.....	7.95
Corned Beef Melted Swiss on Rye.....	6.95
Salami, Provolone, Lettuce Mustard on Rye.....	6.95
Pastrami with Melted Swiss Cheese Onions and Tomato on Grilled Rye.....	7.95
Philly Steak with Grilled Onions and Mozzarella Cheese.....	7.95

REUBEN

Corned Beef or Chicken Breast or Turkey Breast
with Swiss Cheese, Sauerkraut and Russian
Dressing on Grilled Rye..... 7.95

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MEXICAN CORNER

Chile and Cheese Nachos w/ Salsa.....	6.95
Mexican Wraps w/ Chicken or Beef Let, Tom, Cheddar Cheese, Jalapeno, onions.....	9.25
Chips with Salsa and Guacamole.....	5.95
Cheese Quesadilla with salsa ,sour cream and Guacamole.....	7.95
Chicken Quesadilla with salsa and sour cream.....	9.95
Tony's Quesadilla spicy ground beef with cheddar Cheese.....	9.95
Mike's Taco 3 Corn Tortillas, Gr. Chicken Cheddar Cheese , Let, Tom.....	9.25

WRAPS

Gyro Wrap Lettuce, Tomato, Onions, and Yogurt Sauce.....	9.25
Roast Beef Swiss, Lettuce , Tomato and Horseradish.....	9.25
Grilled Veggie with Cheese Wrap Topped with Vinaigrette or Ranch Dressing.....	9.25
Philly Steak Wrap Melted Cheese, Mushroom, Onions.....	9.25
Mexican Wrap w/ Let. Tomato, Cheese and Jalapeno Peppers, Onions, Beef or Chicken.....	9.25
Grilled Chicken Caesar Wrap	9.25
Grilled Chicken Breast with Lettuce, Tomato and Mayo.....	9.25
Ham and Cheese with Lettuce, Tomato and Mayo.....	9.25
Turkey Breast with Lettuce, Tomato & Onion.....	9.25
California Wrap w/Grilled Chicken Let, Tom, Guacamole , Roasted Pep. & Ranch Dressing.....	9.25
Grilled Chicken B L T wrap	9.25

INCLUDES TACO CHIPS AND SALSA

SOUPS HOME STYLE

Cup 3.75 Bowl 4.50

SALAD EXTRAVAGANZA

Tossed Salad Mesclun Greens	5.95
with Grilled Chicken (Large).....	9.50
Caesar Salad with Crisp Romaine and Croutons.....	6.50
with Grilled Chicken.....	9.50
Chef Salad with Ham or Turkey on Mesclun Greens	9.95
Chef Salad Combo.....	9.95
Chicken, Ham, Egg, Tuna Salad or Seafood Salad.....	8.95
Tuna Individual Can over Salad	8.95
Cobb Salad w/ Turkey or Grilled Chicken Guacamole, Bacon & Hard Boiled Eggs.....	9.95

Blue Cheese or Feta Cheese 1.00 Extra

SIDE ORDERS

French Fries.....	3.75
Curly Fries.....	3.75
Cheese Fries.....	4.25
Chili Cheese Fries.....	4.95
Cottage Cheese.....	3.00
Potato Salad or Macaroni Salad.....	2.95
Cole Slaw.....	2.95
Onions Rings.....	4.00
Mozzarella Sticks with Sauce.....	4.95
Sweet Potoes Fries.....	3.95

SUGAR BOWL DESSERTS

Fruit Salad Cup.....	4.75	Plate.....	8.95
Fruit Salad with Cottage Cheese.....	9.95		
Pie.....	3.75	ala Mode.....	4.75
Rice Pudding or Chocolate Pudding.....	3.50		
Ice Cream (one scoop).....	2.95		

BEVERAGES

Coffee / Decaf or Tea.....	2.00	
Pot of Tea.....	2.50	
Herbal Tea.....	1.75	
Hot Chocolate.....	2.50	
Milk	2.25 (Large).....	2.95
Milk Shake.....	5.00	
with Malt.....	5.50	
Ice Cream Soda.....	4.95	
Egg Cream.....	4.25	
Ice Tea or Ice Coffee.....	3.00	
Soda.....(Small).....	2.25 (Large).....	2.95
Juice Orange, Grapefruit, Tomato Pineapple Apple, Cranberry (Small).....	1.25	
(Large).....	2.95 Extra Large.....	3.75

TAKE OUT COFFEE

Medium.....	2.00	Large.....	2.25
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KIDS MENU

Macaroni and Cheese.....	4.50
Mini Pizza.....	4.50
Mozzarella Sticks	4.95
Chicken Tenders or Nugget's with Fries.....	7.95
Peanut Butter & Jelly.....	4.50
Hot Dog with Fries.....	7.95
*Burger with Fries.....	7.95
Grilled Cheese with Fries.....	6.95
Sliders with Fries	7.95
Ravioli with sauce	4.95
Macaroni Nugget's with Fries.....	6.95
Meat Balls on a Plate w/ Fries	6.95

SUGAR BOWL PLATTERS

Hamburger w/ Let. Tom.	8.95
Cheeseburger w/ Let. Tom.	9.25
Meatloaf or Meatballs.....	9.25
Pastrami w. Cheese on Rye.....	9.25
Steak Sandwich with Cheese.....	9.25
Reuben w./ Corn Beef or Turkey	9.25
Open Face Roast Beef w/ Gravy and Fries.....	9.25
Chicken Cultet Club W/ Fries.....	9.25
Grilled Cheese, Choice of American, Cheddar, or Provolone or Swiss with Bacon and Tomato.....	8.95

INCLUDES FRENCH FRIES AND COLE SLAW

LUNCH SPECIALS

Gorgonzola Burger w/ Bermunda Onions on English Muffin w/ Fries	9.95
Cajun Chicken Over Cesar Salad	9.95
Grill Chicken w/ Pesto Let, Tomato on Hard Roll w/ Fries.....	9.25
Chicken Salad Plate w/ Tomato Cucumber, Pepper hard Boiled Eggs & Cole Slow	8.95
Monte Cristo Egg Battered Ham or Turkey and Swiss Cheese w/ Fries.....	8.95
Battered Shrimp w/ Fries.....	8.95
Crab Cakes over Salad.....	9.95
Cheddar Burger w/ Bacon over Salad.....	9.50
Spicy Burger , Bacon ,Jalapeno, Pepper Jack Cheese w/ Fries	9.50
Sugar Bowl Dog - Hot Dog With Chile and Cole Slaw.....	6.25
Crab Burger - with Lettuce , Tomato w/ Fries	9.95
Chicken Cultet Parm Hard Roll w/ Fries.....	8.95
Meat Ball Parm Hard Roll w/ Fries	8.95
Meat Loaf w/ Gravy Hard Roll w/ Fries	8.95